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Resumo:

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2024/2024 Serie B (Italy) Previews and Live Scores

Find out everything you need to know

about Serie B football in Italy on Oddspeedia. Check the latest standings, results, statistics and live-streaming information for all matches in the league. Furthermore, our odds comparison will show you the best odds for all the upcoming matches in the Serie B, and which bookmakers you can make the most profit with your football bets.

To get you in the perfect mood for the next Serie B matchday, we will now present you with our preview for the upcoming matches. So, you can astound your friends and hopefully turn a profit at the bookies with your newfound football knowledge. This is by using the interesting facts, the latest footballing news and the many useful statistics that we will now bestow upon you!

Serie B Round 19 Preview

The nineteen rounds of the Serie

B 2024/24 in Italy will be played on Tuesday, the 12/26/2024. The 19th round starts on Tuesday at 11:30 with a match between Reggiana 1919 and US Catanzaro. Last match of the round will be between Sampdoria Genoa and SSC Bari will be competing for the three points on 12/26/2024 at 19:30.

Already, last week we saw some interesting matches, for example when Como 1907 played Palermo FC and both teams were only able to achieve a draw. Furthermore, there was the match of US Cremonese vs. Modena FC. Here, US Cremonese was the winner, defeating Modena FC 4-0. Yet another very enjoyable fixture was Brescia Calcio's game where they managed to beat US Catanzaro 2-3. Here, on Oddspeedia, we provide you with a detailed overview and statistics of the upcoming Serie B matchday in Italy– detailed statistics for each game, the teams and their performance.

Round 19 Highlights

Probably the most anticipated match will be Brescia Calcio vs Parma Calcio on 12/26/2024 at 14:00. Parma Calcio has the upper hand in this match, since they are currently on the first place in the table. However, they still want to make sure to keep their rank. Both teams won their last match (Brescia Calcio won against US Catanzaro and Ternana Calcio was beaten by Parma Calcio), so it will be exciting to see which one of them will play better in their upcoming clash. A look at their recent performance might shed some light on that question: Brescia Calcio was able to win the majority of their latest matches, while Parma Calcio only achieved a draw most of the time.

Another match fans are looking forward to takes place on 12/26/2024 at 17:00. Here, Palermo FC (currently in 7th place) will face US Cremonese (3rd place). Palermo FC might be in a weaker position here, since they didn't manage to win their last match against Como 1907—while Modena FC was beaten by US Cremonese. Looking at the teams' performance in their last matches can also be an indicator about their current form: Palermo FC's performance hasn't been that great lately, they only managed a draw in most of their recent games. US Cremonese, however, managed to perform better lately, winning 3 of their last five games.

People are also excited to see Cosenza Calcio fight against Como 1907. They currently are in 12th place and 4th place, making their match interesting to watch. Both will have to step up their game and show their fans what they're made of, since none of them won their last match. You can also look at their recent performance to get an idea of their chances in the upcoming match: Winning 2 and losing 1 of their last five games, Como 1907 had quite a mixed run lately, on which they will hopefully improve.

Serie B Round 19- Full List of Scheduled Matches

The following games of the current matchday are scheduled for this week:

26/12/2024:

Reggiana 1919 - US Catanzaro 11:30 UTC

Ascoli Calcio 1898 - AS

Cittadella 14:00 UTC

Cosenza Calcio - Como 1907 14:00 UTC

Feralpisalo - Venezia FC

14:00 UTC

Calcio Lecco 1912 - FC Sudtirol Bolzano 14:00 UTC

Spezia Calcio - Modena FC

14:00 UTC

Ternana Calcio - Pisa SC 14:00 UTC

Brescia Calcio - Parma Calcio 14:00

UTC

Palermo FC - US Cremonese 17:00 UTC

Sampdoria Genoa - SSC Bari 19:30 UTC

Current

Serie B Standings

Parma Calcio are currently leading the table with 38 points and a goal differential of 18 (35 scored and 17 received). So far, they have won 11 out of their 18 matches—and since they're leading by 4 points they don't have to worry too much about losing. Venezia FC (20/34pts), however, could use their match against Feralpisalo (20/13pts), to narrow the gap to the leader. In any case, players will give their best to help their team win. But not only the top of the table has some interesting matches to offer—teams in the lower half also have to fight hard to stay in their league and not finish the season in last place. The last place is currently

occupied by Feralpisalo (20/13pts) with only 13 points. Since they're already 7 points behind the last safe place, their only chance of staying in the Serie B would be to make it to the relegation playoffs. If they fight hard, Feralpisalo could actually stay in the league, since they're only 7 points behind FC Sudtirolo Bolzano (15/20pts), who are in need of points to not face relegation.

The biggest positive change in position, compared to the last matchday, has been made by Calcio Lecco 1912 (15/20 points), who moved up three positions and are now in 15th place in the league. On the other side, FC Sudtirolo Bolzano (17/17 points) made the biggest loss in positions, losing a total of two ranks.

Italy's Serie B Progress So Far: When Does the Season Start and End?

20 teams are fighting for the title in the Serie B 23/24. Of the total 386 matches the teams have to participate in this season, 189 matches have already been played, leaving 197 still to go. The current season started on 08/18/2024 and will have games played until 06/30/2024. In the end, the top two teams will be promoted to a superior league, while two teams will have to win in the playoffs to play in a higher league next season. Three teams will be demoted to a lower league where they will have to prove themselves in the next season, while two teams will have the chance to fight for their stay in the league in a relegation match.

Top Players Ranked in the Serie B

Currently, Daniele Casiraghi is dominating the league and leading the list of the best players by points. This season, he scored ten goals and assisted with four goals. Some other players are also trying to lead the list of best players. On the second place, there are currently Jari Van de Putte and Dennis Man who are playing for US Catanzaro and Parma Calcio.

At the moment, these are the best 10 players of the league by points:

Rank

Player name	Team	Goals/Assists
1	Daniele Casiraghi	FC Sudtirolo Bolzano 10/4
2	Jari Van de Putte	US Catanzaro 6/4
2	Dennis Man	Parma Calcio 7/3
4	Massimo Coda	US Cremonese 9/0
4	Matteo Brunori	Palermo FC 7/2
4	Pedro Mendes	Ascoli Calcio 1898 7/2
7	Franco Lepore	Calcio Lecco 1912 2/6
7	Joel Pohjanpalo	Venezia FC 4/4
7	Adrian Benedyczak	Parma Calcio 7/1
10	Fabio Borini	Sampdoria Genoa 5/2

The top goal scorers of Serie B

23/24

Looking at the list of the league's best goal scorers, a player of FC Sudtirolo Bolzano is leading the list with ten goals: Daniele Casiraghi. He's followed by a player of US Cremonese who so far managed to score nine goals in the Serie B 23/24: Massimo Coda. Will he be able to claim the title of the top goal scorer at the end of the season? Further down the list, players of Parma Calcio, Palermo FC, Ascoli Calcio 1898 and Ternana Calcio are also trying to work their way up the goal-getter list: Dennis Man, Matteo Brunori, Pedro Mendes, Adrian Benedyczak and Antonio Raimondo are all hoping to be in the spotlight at the end of the Serie B 23/24.

Counting only the goals scored, the following players are the best in the league:

Rank Player name Team

Goals	1	Daniele Casiraghi	FC Sudtirolo Bolzano	10	2	Massimo Coda	US Cremonese	9	3	Dennis Man	Parma Calcio	7	3	Matteo Brunori	Palermo FC	7	3	Pedro Mendes	Ascoli Calcio	1898	7	3	Adrian Benedyczak	Parma Calcio	7	3	Antonio Raimondo	Ternana Calcio	7	8	Jari Van de Putte	US Catanzaro	6	8	Mattia Valoti	Pisa SC	6	8	Patrick Cutrone	Como	1907	6
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Assists Leaders

Serie B 23/24

Reino
Unido
reino
Reino
CEO
Kenneth
Chave Stuart
chave Alexandre
chave Alex
pessoas Alexander
Alexandre

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Investigação chinesa revela ligação entre bem-estar mental e envelhecimento saudável

Shanghai, 19 jun (Xinhua) -- Pesquisadores chineses descobriram que o bem-estar mental está associado ao envelhecimento saudável, independentemente do status socioeconômico, e desempenha um papel importante na promoção da longevidade e da resiliência no envelhecimento, informou o China Science Daily na terça-feira.

Melhor bem-estar mental contribui para envelhecimento saudável

A equipe de pesquisa da Faculdade de Medicina da Universidade Jiao Tong de Shanghai analisou os efeitos da saúde mental smsports apostas vários resultados do envelhecimento usando dados genéticos disponíveis publicamente de populações de descendência europeia. A análise de vários conjuntos de dados, incluindo um com até 2,3 milhões de pessoas, mostrou que indivíduos com melhor bem-estar mental tendem a experimentar um envelhecimento mais saudável, caracterizado por maior resiliência, maiores níveis de autoavaliação de saúde e maior longevidade.

Fatores socioeconômicos e estilo de vida afetam saúde mental

Os pesquisadores também descobriram que renda, educação e ocupação estão relacionadas a uma melhor saúde mental, com o aumento da renda tendo a associação mais forte. Além disso, a redução do sedentarismo e do tabagismo, juntamente com o aumento da ingestão de queijos e frutas, pode contribuir para um melhor bem-estar mental e um envelhecimento mais saudável.

Importância de integrar apoio à saúde mental à política de saúde pública

Os resultados ressaltaram a necessidade de integrar o apoio à saúde mental à política de saúde pública e à pesquisa sobre o envelhecimento. A equipe de pesquisa também observou que as intervenções para promover a saúde mental podem ser uma estratégia viável para melhorar o envelhecimento saudável smsports apostas diferentes grupos de pessoas.

O estudo foi publicado na revista Nature Human Behaviour.

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